

12605 Mattawoman Dr. Waldorf, MD 20601

**Classroom: Infants** 

Teacher:

Infants are invited and encouraged to participate in the activities planned for them. However, if an infant does not show any interest or chooses not to participate, he or she will be allowed to play independently. Diaper changing and nap is a regular required part of each day. Diapers will be changed every 2 hours and/or as needed and nap/rest is dependent on each infant's needs. The children are checked often to ensure that they are not in wet or soiled diapers and are changed promptly.

# 6:00am – 7:45am |Arrival/Free Play

Children are free to play with toys, puzzles, books, activities, etc.

## 7:45am - 8:45am |Breakfast/Bottles Offered

Teachers will assist children with eating \*\*

# 8:45am – 9:30am |Activity Time / Sleeping:

Art activities, stories, song, games, etc., focusing on physical, social/emotional, cognitive and language development. Allow tired children to sleep according to their need, even if they usually sleep at the same time as the rest of the group.

## 9:30 – 10:15am |Outdoor Play Time: - If weather permits

#### 11:15 - 12:00pm | Lunch

Caregivers assist in the eating process as necessary. \*\*

# 12:30 – 2:30 pm |Nap Time: Flexible depending on the needs of the child

Infants sleep/rest in an individual crib or on an individual cot. Teachers supervise resting children. Provide quiet activities for children who do not sleep.

#### 2:00 – 2:30 pm | Snack Time:

A fun, nutritious snack is provided to help keep them content until dinner. \*\*

# 2:45 – 3:30 pm | Outdoor Play Time - If weather permits

#### 2:45 – 3:30pm | Experiences

Caregivers will guide children in selecting what they want to play with and how. Observe and interact with children to extend play and learning. Read and sing with children individually or in small groups. Outdoor play

#### 5:30 – 6:30 pm | Wind Down end of the day:

Visit and play with other friends. Prepare for departure

# \*\* Meal time is always a great time for social interaction and learning and nap is dependent on each infant's routine \*\*

Note: Diaper changing and toileting are done whenever the need arises.



Daily Schedule

Classroom: Toddlers

Teacher:

6:00 - 8:30	Greeting children/parents, personal care routines (handwashing and diaper changing, toileting) and breakfast
8:30 - 9:00	Small group, independent activities, personal care routines (handwashing and diaper changing, toileting), clean up
9:00 -9:15	Circle time (songs, finger play, sharing, music)
9:15 – 10:15	Free play/small group/learning centers
10:15 - 10:30	Group read aloud
10:30 - 11:30	Gross motor activities/outdoor activities
11:30 - 11:45	Lunch preparation
11:45 – 12:30	Family style dining
12:30 - 2:30	Rest/Nap time
2:30 - 3:00	Small group, independent activities, personal care routines (handwashing and diaper changing, toileting), clean up
3:00 - 3:15	Snack
3:15 - 3:30	Circle time (songs, finger play, sharing, music)
3:30 - 4:30	Gross motor activities/outdoor activities
4:30 - 4:45	Personal care routines (handwashing and diaper changing, toileting)
4:45 - 5:00	Group read aloud
5:00 - 6:00	Free play/small group/learning centers/Tabletop activities
6:00 - 6:30	Preparation to go home/Dismissal

Note: Diaper changing and toileting are done whenever the need arises.



Daily Schedule

Classroom: Preschool

Teacher:

6:00 - 8:30	Greeting children/parents, personal care routines (handwashing and diaper changing, toileting) and breakfast
8:30 – 9:00	Small group, independent activities, personal care routines (handwashing and diaper changing, toileting), clean up
9:00 -9:15	Circle time (songs, finger play, sharing, music)
9:15 – 10:15	Gross motor activities/outdoor activities
10:15 - 10:30	Group read aloud
10:30 - 11:30	Free play/small group/learning centers
11:30 - 11:45	Lunch preparation
11:45 – 12:30	Family style dining
12:30 – 2:30	Rest/Nap time
2:30 - 3:00	Small group, independent activities, personal care routines (handwashing and diaper changing, toileting), clean up
3:00 - 3:15	Snack
3:15 – 3:30	Circle time (songs, finger play, sharing, music)
3:30 - 4:30	Free play/small group/learning centers/Tabletop activities
4:30 - 4:45	Personal care routines (handwashing and diaper changing, toileting)
4:45 – 5:00	Group read aloud
5:00 - 6:00	Gross motor activities/outdoor activities
6:00 - 6:30	Preparation to go home/Dismissal

Note: Diaper changing and toileting are done whenever the need arises.



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